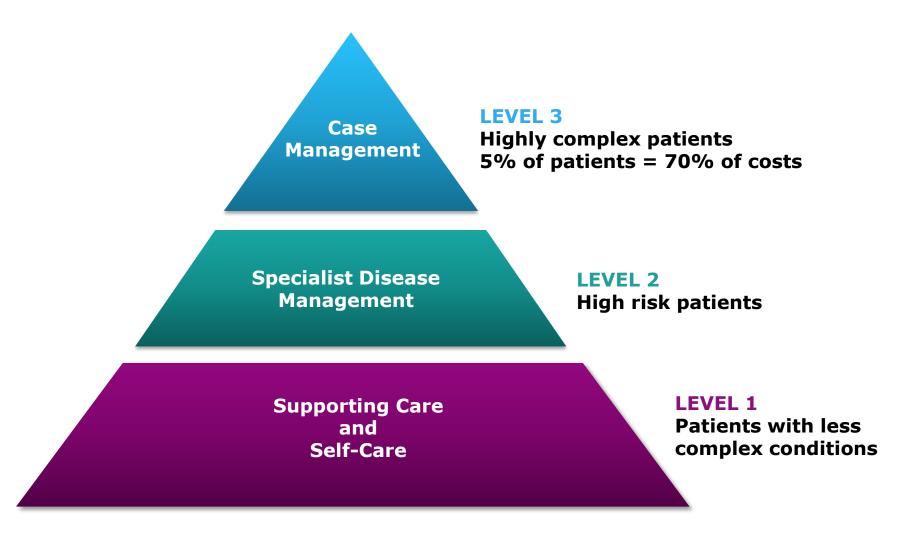




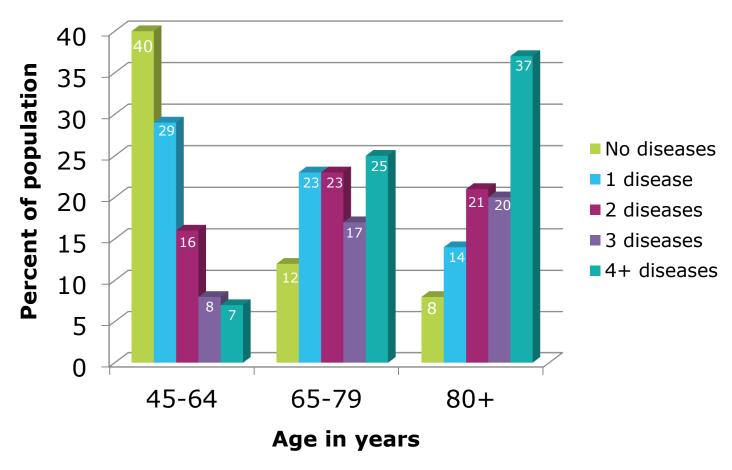
#### Kaiser Permanente Model







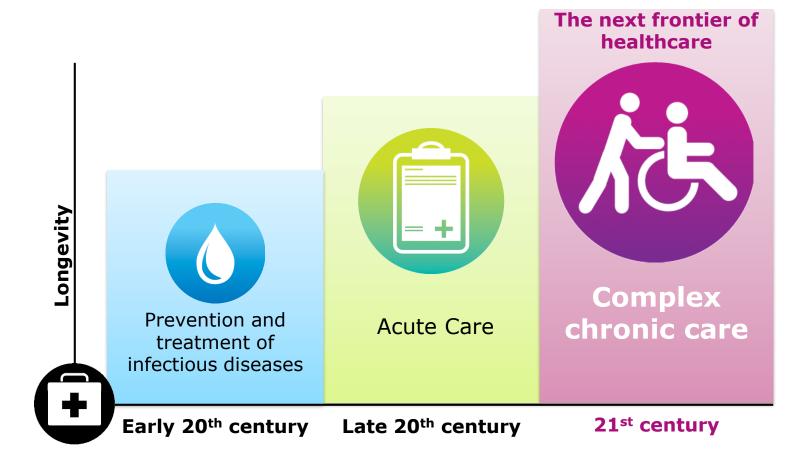
### Complexity Becoming the Norm



Proportion of population with one or more chronic diseases, by selected age groups, Canada, 2009



## Growth in Complexity A Result of Medical Advances







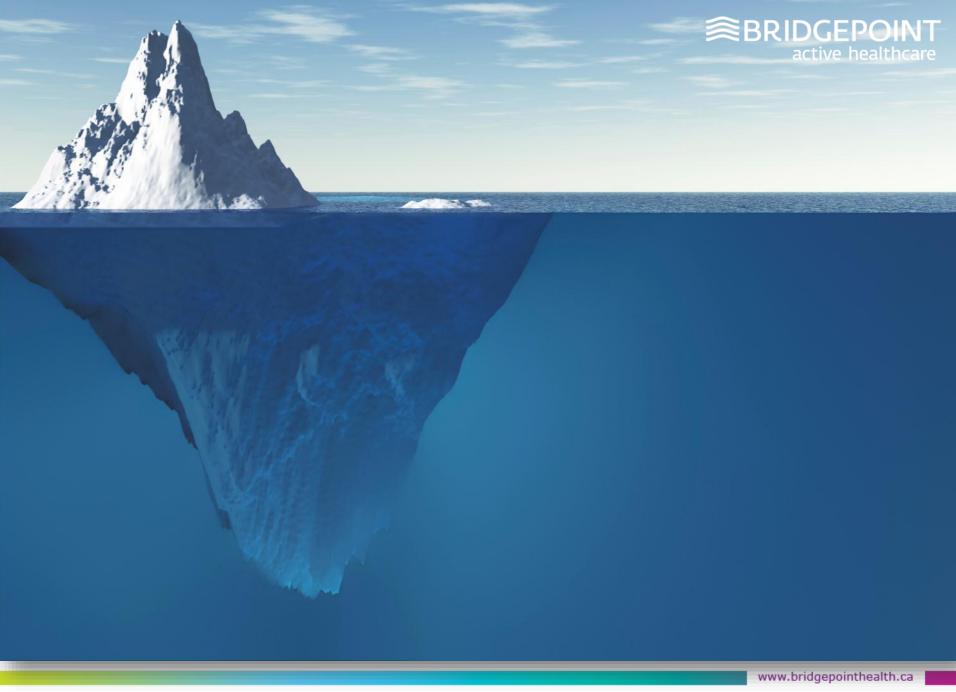
## Complexity Defined

#### **Clinical** complexity

- Multi-morbidity
- ✓ Poly-pharmacy
- High treatment burden
- Fragmented care

#### **Social** complexity

- ✓ Social vulnerability
- Depression
- Addictions
- ✓ Social isolation
- Coping & adaptation challenges





#### Meet John

80 years old
Mild heart attack
Hypertension
Mild CHF
Mild depression
Multiple medications



#### Meet Mr. McLeod

66 years oldDiabetesKidney failureCongestive heart failureArthritis11 different medications



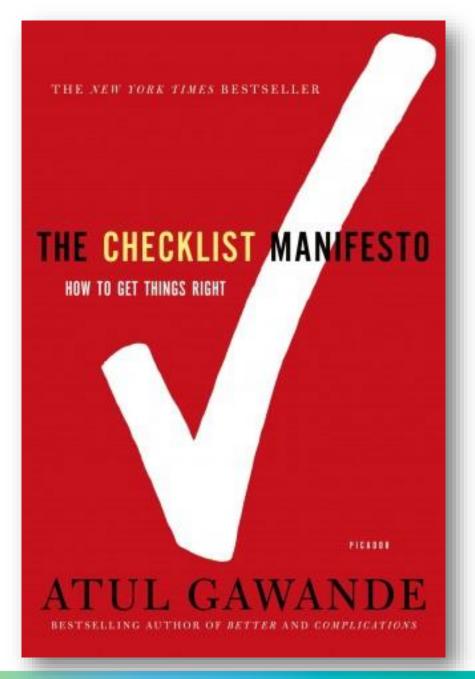
#### Meet Mrs. G

70 years old
Diabetes
Heart failure
Myocardial infarction
Hypertension
Osteoporosis
3 adverse drug events





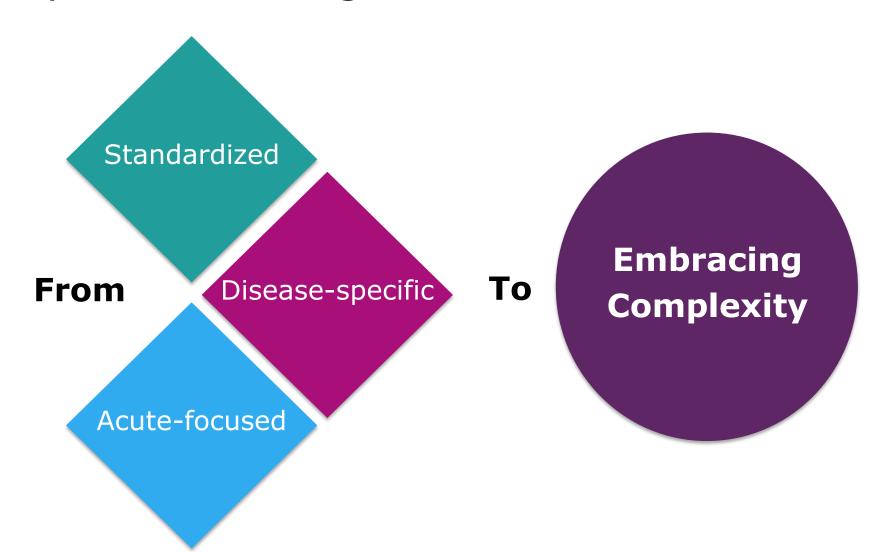






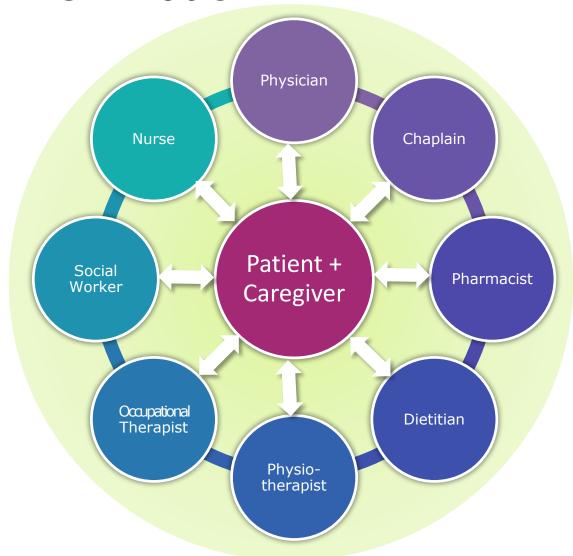


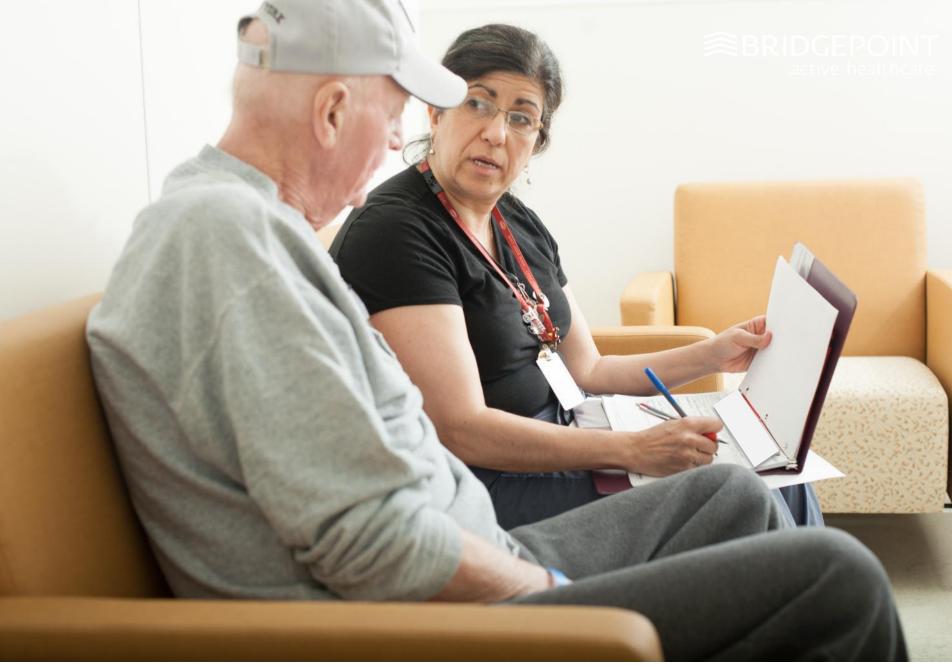
## System Thinking





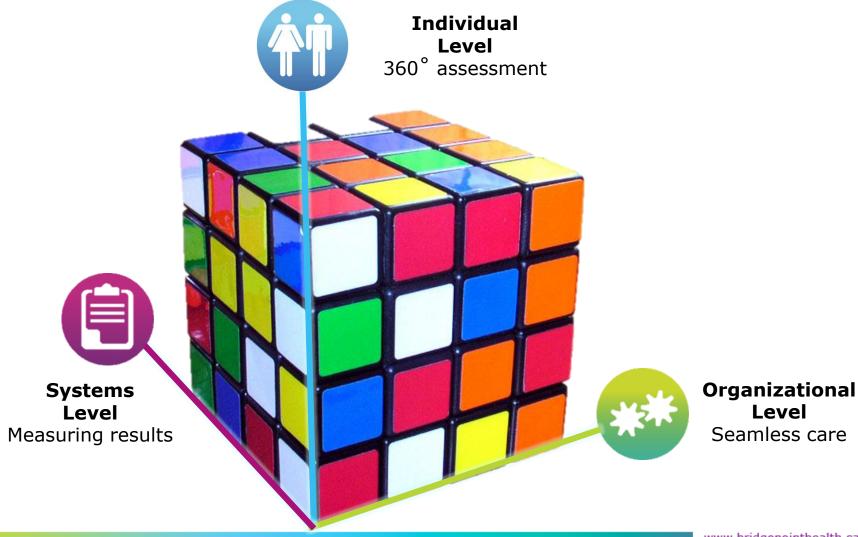
## The IMPACT Model





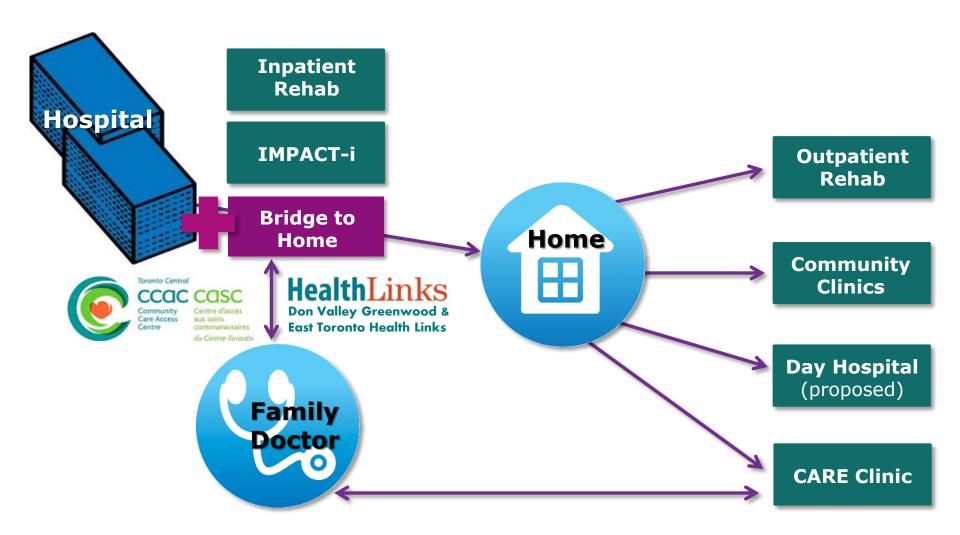


## Different Trajectories



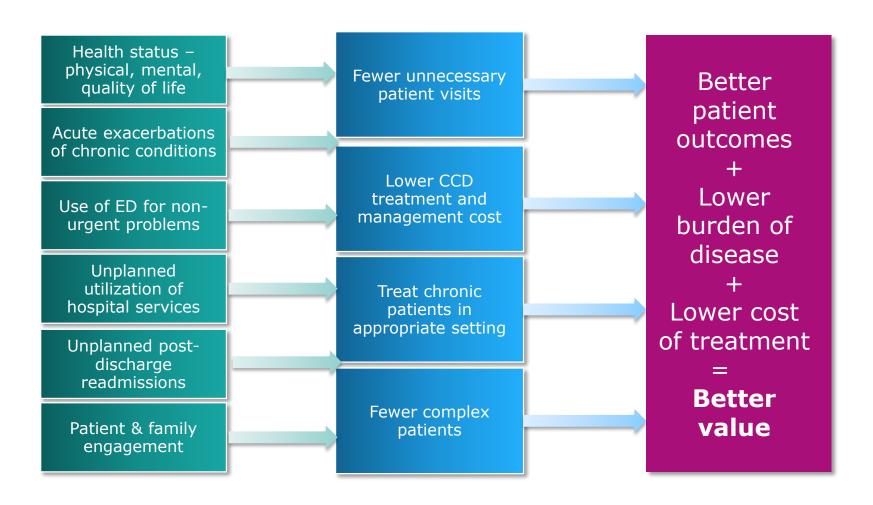


## Managing Transitions



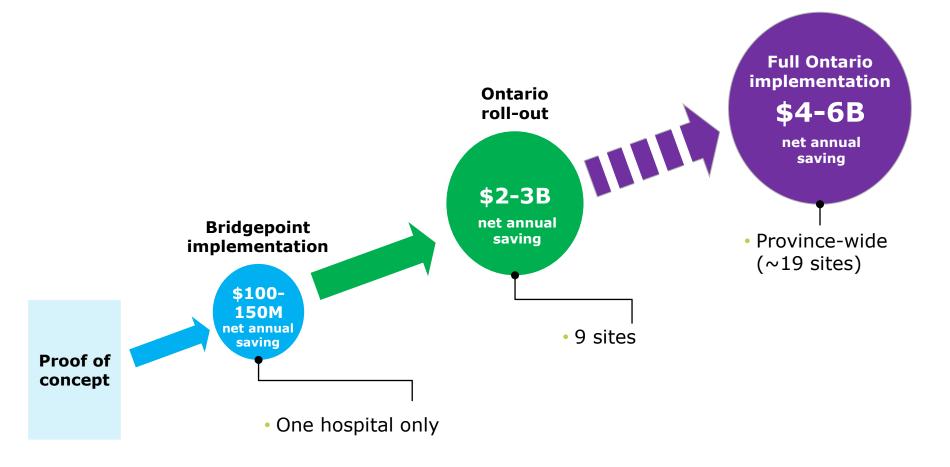


# Driving value, reducing costs and improving outcomes

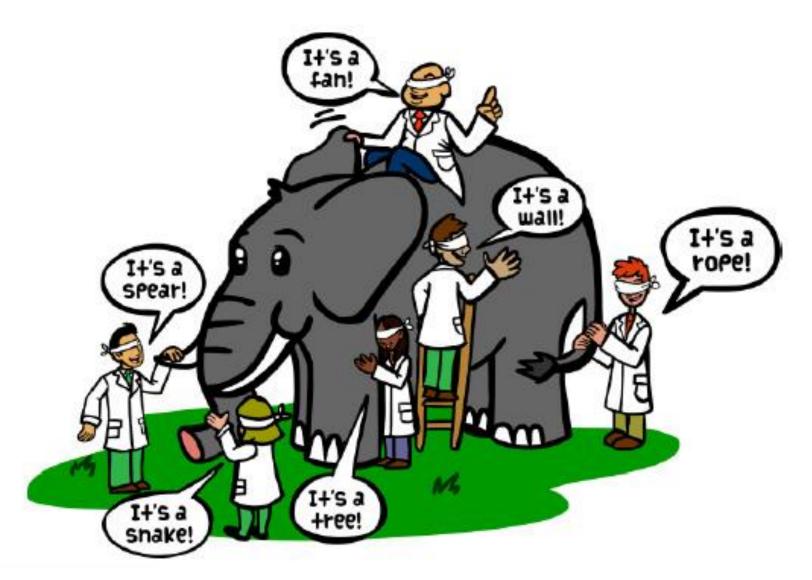




#### This IS Affordable











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