### SAFE PRESCRIBING

1

FRALTY

# **LESSONS FROM FERVID**



### A FEW BASIC INGREDIENTS

#### **Ingredient 1:**

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# FRAILTY (is...)

### Ingredient 2:

Drug problems happen EVERY DAY

#### **Ingredient 3:**

Everybody knows the name of the problem, nobody's fixing it.

# **PREVENTION AREA**

# PREVENTION DOESN'T WORK

#### Ingredient 5:

Heterogeneity produces UNPREDICTABILITY

#### Ingredient 6:

HOW do you want to live the rest of YOUR LIFE?

### **COMMON SENSE** (AKA "radical" ideas)

#### **Radical Idea 1:**

It's about a person, not a population

all hall

5%3

#### **Radical Idea 2:**

## PERSON DECIDES PRIORITIES.

#### Radical Idea 3:

1

BLR

#### COMFORT and FUNCTION can replace

prevention and rescue.

#### **Radical Idea 4:**

# TRIAL and ERROR must replace sacred rules

#### **Radical Idea 5:**

#### **Every situation is NEW and DIFFERENT**

#### **HOW CAN IT WORK?**

#### How to Start Drugs

Very, very carefully Goals met? Trouble? What's next?

### How to STOP Drugs

Just the same way: Very, very carefully.

# Drug safety is a team sport

#### The New Doctor

Agnostic Responsible

#### The New Person

# Informed Committed

#### The New Relationship

# It's all about trust

# **BE CAREFUL OUT THERE!**



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# A BITTER PILL

#### HOW THE

#### MEDICAL SYSTEM

# IS FAILING

FOREWORD BY GABOR MATÉ, MD