SAFE PRESCRIBING

1

FRALTY

LESSONS FROM FERVID



A FEW BASIC INGREDIENTS

Ingredient 1:

-

FRAILTY (is...)

Ingredient 2:

Drug problems happen EVERY DAY

Ingredient 3:

Everybody knows the name of the problem, nobody's fixing it.

PREVENTION AREA

PREVENTION DOESN'T WORK

Ingredient 5:

Heterogeneity produces UNPREDICTABILITY

Ingredient 6:

HOW do you want to live the rest of YOUR LIFE?

COMMON SENSE (AKA "radical" ideas)

Radical Idea 1:

It's about a person, not a population

all hall

5%3

Radical Idea 2:

PERSON DECIDES PRIORITIES.

Radical Idea 3:

1

BLR

COMFORT and FUNCTION can replace

prevention and rescue.

Radical Idea 4:

TRIAL and ERROR must replace sacred rules

Radical Idea 5:

Every situation is NEW and DIFFERENT

HOW CAN IT WORK?

How to Start Drugs

Very, very carefully Goals met? Trouble? What's next?

How to STOP Drugs

Just the same way: Very, very carefully.

Drug safety is a team sport

The New Doctor

Agnostic Responsible

The New Person

Informed Committed

The New Relationship

It's all about trust

BE CAREFUL OUT THERE!



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A BITTER PILL

HOW THE

MEDICAL SYSTEM

IS FAILING

FOREWORD BY GABOR MATÉ, MD