

Within Our Grasp

..... Working together to make health workplaces healthier

## **Whereto From Here?**

Presentation to "Ask. Listen. Talk", Virtual Symposium on Patient Safety and Quality Improvement. November 3<sup>rd</sup>, 2011 Pamela C. Fralick, Chair, QWQHC President & CEO, Canadian Healthcare Association

#### Outline

# About QWQHC QWQHC Action QWQHC Future



# **1. About QWQHC**



#### We Believe

"A fundamental way to better healthcare is through healthier healthcare workplaces; and it is unacceptable to work in, receive care in, govern, manage and fund unhealthy healthcare workplaces."

QWQHC



# Who is the QWQHC?

- Accreditation Canada
- Academy of Canadian Executive Nurses
- Association of Canadian
  Academic Healthcare
  Organizations
- Canadian College of Health Leaders
- Canadian Federation of Nurses Unions
- Canadian Healthcare Association

- Canadian Health Services
  Research Foundation
- Canadian Medical Association
- Canadian Nurses Association
- Canadian Patient Safety Institute
- Health Action Lobby (HEAL)
- VON Canada
- + Health Canada!



# "Organization"

- 12 National Partners: the "Collaborative"
- Host Secretariat: Accreditation Canada
- Staff:  $5 \rightarrow 3$
- Steering Committee (all National Partners)
- Executive Committee (CHA, CNA, CCHL, AC)
- Summit Planning Committee



# Why QWQHC?

- High levels of provider stress and burnout
- HR Shortages- physicians, nurses, PTs, psych, etc.
- Impact of healthy or unhealthy! workplaces on quality of care and patient safety
- Need for coordinated and strategic approaches



# **QWQHC Mandate:**

#### Create a national, multi-stakeholder coalition that:

- Focuses concern on the healthcare system's best assets -- the people who work within health services
- Promotes high quality, healthy work environments and 'people practices' in healthcare
- Reveals the link between quality of work-life practices and health system results
- Increases integration and sharing of work-life initiatives and learnings/evidence
- Embeds higher standards for people practices and work environments at the organizational and governance levels
- Improves system outcomes, such as patient care, and operational efficiency/effectiveness



# **Translating Mandate to Actions:**

- Gather information on quality of worklife in healthcare
- Create an over-arching strategy for work-life quality in healthcare
- Bring the issue of healthcare quality of worklife to light via coordination, sharing and integration of information and learnings
- Seek improvement in quality of worklife:
  - first, by example, via acceptance and promotion of the strategy by QWQHC collaborators
  - second, by **making others aware** of the issue in the hope they will be enticed to do the same
- Gain widespread attention and action on the issue through ongoing efforts
- Ultimately enhance recruitment & retention efforts, and the patient experience.



## **Desired Outcomes:**

#### Access to quality care

- Healthy providers working in healthy workplaces provide better and safer patient care
- Reducing wait times and making the health system more efficient requires a strong supply of healthy healthcare providers

#### Spread of evidence-informed human resources practices

- Actionable tools and resources
- Platform for community of interest
- Heightened system-wide collaboration
  - Leveraging regional and provincial engagement and support
  - Expanded regional outreach and new partnerships



# 2. QWQHC Actions



## **QWQHC Action Strategy**

#### "Within Our Grasp"

(2007)

#### **Strategic Directions:**

- Engagement
- Indicators (systems; organizations; accred.)
- Knowledge Exchange (explicit; tacit)
- Priority Actions (known to work)



Working together to make health workplaces healthier

Within Our Grasp

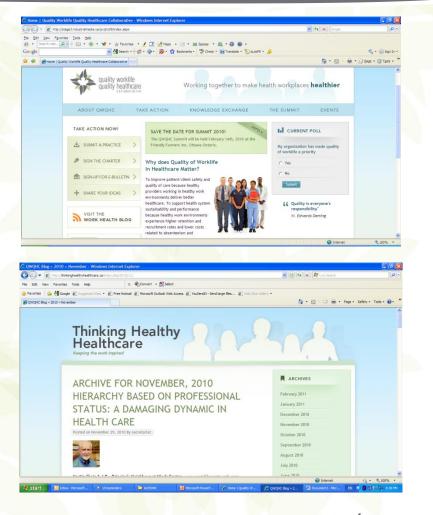
A Healthy Workplace Action Strategy for Success and Sustainability in Canada's Healthcare System

2007



#### Engagement

www.qwqhc.ca (www.thinkinghealthyhealthcare.ca) Blog **Featured Stories Innovative Practices Research Q&A On-line Resources Engagement** Tools **QWQHC** Publications Perspectives





#### Engagement: Change Management Principles ("Within our Grasp", 2007; from CNA, 2006)

- Guided by vision and values
- 2. Leadership
- 3. Participative Team Approach
- Define Scope and Objectives
- 5. Link to Strategic Goals

- 6. Customized Plan
- 7. Evaluate & Communicate
- 8. Learning
- 9. Ongoing Support
- 10. Diffusion



## **Knowledge Exchange**

Exchanging Explicit Knowledge Reports

Fact Sheet Tools Indicators Best Practice Guidelines Communities of Practice Newswire Service Case Study Journals Conferences Knowledge Networks Website Pan-Canadian Knowledge Collaboratives Conferences Networks

#### **Knowledge Network**

Scribes to capture knowledge Leading Practices Database Updated Reference Database Active relational engagement Clearinghouse/Website/Web forum Central "go to" person

> Organizational Knowledge Regional Networks Team Meetings

#### Exchanging Tacit Knowledge

Exchange Program Mentorship Program Chat forum Website Conferences Stories of Changing Lives Knowledge Networks Communities of Practice Champions Speakers' bureau



# Accomplishments

The last five years - a period of knowledge exchange and community building:

- Developed, disseminated (over 30,000 copies) and promoted a pan-Canadian action strategy ("Within our Grasp")
- Launched the Healthy Healthcare Leadership Charter (47 signatories/100s sites)
- Spoke at well over 50 conferences across Canada
- Launched a comprehensive web site (10,000 unique hits in 2010)
- Launched the Thinking Healthy Healthcare blog
- Wrote, submitted, disseminated various reports, case studies, environmental scans (e.g. "Snapshot" and "Case Studies", 2009; "Power to Act", 2011)
- Referenced in various documents, publications and initiatives (e.g. awards programs, accreditation standards, articles, grant programs)

## Accomplishments (cont'd.)

- Quadrupled contact list over last 3 years through outreach efforts
- Drew on the experience and expertise of 400 contributors to KE initiatives
- Grew Summit from a fully-funded invitational session to a highly anticipated, revenue-generating, heavily attended event (nearly 1000 participants to date)
- Supported and informed pan-Canadian and provincial initiatives
- Achieved subject matter opinion-leader status in various venues
- Provided momentum and focus towards critical mass
- Independent evaluation (Feb 2011: key informants, survey of all contacts; review of documentation)
- Policy recommendations to ACHDHR

# **3. QWQHC Future**



#### **Whereto From Here?**

#### Metrics!

- report with G. Lowe to Health Canada
- "developing and adopting a common approach to measuring and reporting healthy work environments"
- need measurement and accountability (consistency & comparability)
- 4 Guiding Principles;
- 9 Options for further discussion;
- 5 Recommendations



#### **Whereto From Here?**

- Standards Accreditation Canada
- Information/Website (<u>www.qwqhc.ca</u>)
- Networking (Network of QWL Champions?!)
- The Summit! <u>http://www.qwqhc.ca/summit-2012.aspx</u>
  - 1-2 March 2012, Vancouver, B.C.
  - "Mastering the Art and Science of Healthy Work Environments: Celebrating Successes and Inspiring Future Successes"
  - Abstracts received until 18 Nov '11; Sponsor and Exhibitor opportunities: sally@ftfe.com



#### **Whereto From Here?**

#### 31 March 2012 and Beyond

- Partners committed to the importance of this issue
- Currently developing a 'go forward' strategy
- Major funding ending 31 March 2012
- Partners committed to continuing a legacy of QWQHC (Summit; Website; Standards; Network)

**BUT – Future Belongs to Local Leadership!** 



## In Summary...

- Much has been accomplished in 6 short years.
- Our Job is not yet done!
- National Partners continue to explore means to maintain momentum.
- The mantle must be shifted to local leaders to optimize impact. The Gauntlet is down!
- Summit 2012 a "must do" event to shape the future of healthy health workplaces.



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